

About the Author

Lea Lambert is the author of the *Gentle Rescue Dog Training Series*, a growing collection of guides designed to help dog owners build trust, confidence, and calm behavior using simple, real-life training methods.

With a focus on patience, consistency, and compassion, Lea's approach supports rescue dogs as they adjust to new homes and learn to feel safe in their environment. Her work is designed for everyday life, especially for busy households balancing work, family, and the desire to give their dog the best possible start.

Through her books and free resources, Lea provides practical tools that help transform fear into confidence, one small step at a time.

Learn more and access free training worksheets at:

<https://www.fearful2faithful.com/>